# TRICARE PRIME ENROLLMENT, DISENROLLMENT, AND PRIMARY CARE MANAGER (PCM) CHANGE FORM

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The public reporting burden for this collection of information, 0720-0008, is estimated to average 15 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing the burden, to the Department of Defense, Washington Headquarters Services, at whs.mc-alex, esd.mbx.dd-dd-dinformation.ginal.imli. Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number.

#### RETURN COMPLETED FORM TO THE APPROPRIATE ADDRESS BELOW.

### **PRIVACY ACT STATEMENT**

**AUTHORITY:** 10 U.S.C. 1079 and 1086, 38 U.S.C. Chapter 17; 32 CFR 199.17; and E.O. 9397 (SSN), as amended. **PRINCIPAL PURPOSE(S)**: To obtain information necessary to permit individuals to enroll, disenroll, or change their provider in TRICARE Prime, TRICARE Prime Remote, or the Uniformed Services Family Health Plan, as requested by the individual. **ROUTINE USE(S)**: Information collected may be used and disclosed generally as permitted under 45 CFR Parts 160 and 164, Health Insurance Portability and Accountability Act (HIPAA) Privacy and Security Rules, as implemented by DoD 6025.18-R, the DoD Health Information Privacy Regulation. In addition to those disclosures generally permitted under 5 U.S.C. 552a(b) of the Privacy Act of 1974, as amended, the DoD "Blanket Routine Uses" under 5 U.S.C. 552a(b)(3) apply to this collection. A complete listing of the routine uses permitted under 5 U.S.C. 552a(b)(3) is published at <u>http://dpcld.defense.gov/Privacy/SORNsIndex/BlanketRoutineUses.aspx</u>. Collected information may be shared with the Departments of Health and Human Services, Homeland Security, and Veterans Affairs, and other Federal, State, local, or foreign government agencies, private business entities, including entities under contract with the Department of Defense and individual providers of care, on matters relating to eligibility, claims pricing and payment, fraud, program abuse, utilization review, quality assurance, peer review, program integrity, third-party liability, coordination of benefits, and civil or criminal litigation. **DISCLOSURE:** Voluntary; however, your failure to provide all the requested information may result in the denial of the request to enroll in, transfer, or terminate your TRICARE Prime health plan coverage.

## **APPLICATION OPTIONS**

## (1) ONLINE:

You may request to enroll, disenroll or change your primary care manager (PCM) by logging into the Beneficiary Web Enrollment website at <a href="https://www.dmdc.osd.mil/appj/bwe/">https://www.dmdc.osd.mil/appj/bwe/</a>.

## (2) TELEPHONE:

You may enroll, disenroll, or change your PCM by calling your Regional Contractor or US Family Health Plan (USFHP) at the toll-free numbers on this page.

#### (3) ENROLLMENT FORM:

You may also enroll, disenroll, or change your PCM by completing and submitting the form to your Regional Contractor or USFHP at the address or fax number below.

## (4) NOTES:

You will be notified of your enrollment or PCM change via email or postcard. You can then log into milConnect at: <u>https://www.dmdc.osd.mil/milconnect/</u> to view specific information. For additional information on TRICARE, visit the TRICARE website at <u>www.tricare.mil</u> or the Regional Contractor's website at:

## **REGIONAL CONTRACTOR: REGION, ADDRESS, TELEPHONE AND FAX NUMBERS:**

# Region:

Address:

**Toll-Free Number:** 

Fax Number:

UNIFORMED SERVICES FAMILY HEALTH PLAN (USFHP):

Address:

Toll-Free Number:

Fax Number:

SPONSOR'S SSN/DBN:						
TRICARE PRIME OPTION DESIRED:						
TRICARE Prime: Active duty service members have to enroll in TRICARE Prime. (Enrollment is not automatic.)						
<b>TRICARE Prime Remote:</b> If eligible, you may be enrolled in TRICARE Prime Remote or TRICARE Prime Remote for Active Duty Family Members.						
TRICARE Overseas Program Prime: Family members must be command sponsored and meet specific enrollment criteria of the overseas area. If eligible, you may be enrolled in TRICARE Overseas Program Prime Remote. Retirees are not eligible for TRICARE Overseas Program Prime.						
Uniformed Services Family Health Plan (USFHP): Available in six locations. Submit the completed Enrollment Application to the USFHP address listed on Page 1. For the service area descriptions and telephone numbers for questions, please visit the TRICARE website at www.tricare.mil/usfhp.						
SECTION I - SPONSOR INFORMATION						
1. SPONSOR'S NAME (Last, First, Middle Initial) (Must match DEERS)       2. SPONSOR'S SOCIAL SECURITY NUMBER (SSN) (XXX-XX-XXXX) or DoD BENEFITS NUMBER (DBN) (XXXXXXXXXX) or DoD BENEFITS NUMBER (DBN) (XXXXXXXXXXXXXX)						
3. SPONSOR IS: (X one) Active Duty Retired Deceased (Go to Section II.) Unremarried Former Spouse						
4. SPONSOR'S TELEPHONE NUMBER (Include Area Code)       5. SPONSOR'S E-MAIL ADDRESS       6. SPONSOR'S DATE OF BIRTH (YYYYMMDD)         a. WORK:       c. CELL:       b. HOME:       6. SPONSOR'S E-MAIL ADDRESS						
7. SPONSOR'S RESIDENCE ADDRESS (Street, Apartment No., City, State, ZIP Code, Country)						
8. SPONSOR'S MAILING ADDRESS (Provide APO or FPO if stationed overseas) Same as residence New						
9. SPONSOR'S MILITARY ASSIGNMENT						
a. UNIT c. STATE, ZIP CODE AND COUNTRY OF WORK ADDRESS b. UNIT IDENTIFICATION CODE (UIC) (If known)						
10. SPONSOR'S REQUESTED ACTION (X one)         None (go to Section II)       Enroll         Transfer Enrollment       PCM Change         Disenroll (Non-AD only)         Effective Date Requested:						
<b>11. SPONSOR'S PCM PREFERENCE</b> (Please list your first and second choices below. PCM assignment depends upon availability and your uniformed service guidelines. Review PCM options online or call your Regional Contractor, preferred MTF, or USFHP member services (non-active duty only) for availability of PCMs.)						
a. 1st CHOICE MTF PRP (ADSM) Civilian						
b. 2nd CHOICE     FULL NAME or MTF/CLINIC       MTF     Civilian						
c. PCM SPECIALTY No Preference Family/General Practice Internal Medicine Flight Medicine						
d. PREFERRED PCM GENDER No Preference Male Female						

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SPONSOR'S SSN/DBN:						
SECTION II - ENROLLING FAMILY MEME	ER INFORMATION	OR PCM CH	HANGE (Us	e additional copies of this page as necessary)		
12.a. FAMILY MEMBER NAME (Last, First, Mic	dle Initial) (Must match	n DEERS)		b. DATE OF BIRTH (YYYYMMDD)		
c. REQUESTED ACTION: Enroll	Transfer Enrollmer	nt PCN	I Change	Disenroll Effective Date Requested:		
d. RESIDENCE AND MAILING ADDRESS (Provide address, with ZIP Code and Country, if different from Sponsor)						
e. TELEPHONE NUMBER (Include Area Code)				f. E-MAIL ADDRESS		
(1) WORK: (2) HOME:	(3) C	ELL:				
g. PCM PREFERENCE (Please list your first and Review PCM options online or call your Regiona		customer serv	vices for avai	lability of PCMs.)		
(1) 1st CHOICE MTF Civilian	Same as Sponsor	FULL NAME	E or MTF/C	LINIC		
(2) 2nd CHOICE MTF Civilian	Same as Sponsor	FULL NAME	E or MTF/C	LINIC		
h. PCM SPECIALTY No Preference	Family/General	Practice	Internal Me	edicine Pediatrics Flight Medicine		
i. PREFERRED PCM GENDER	No Preference	Male	Fema	le		
13.a. FAMILY MEMBER NAME (Last, First, Mid	dle Initial) (Must match	DEERS)		b. DATE OF BIRTH (YYYYMMDD)		
c. REQUESTED ACTION: Enroll	Transfer Enrollmer	nt PCN	I Change	Disenroll Effective Date Requested:		
d. RESIDENCE AND MAILING ADDRESS (Provide address, with ZIP Code and Country, if different from Sponsor)         Same as Sponsor						
e. TELEPHONE NUMBER (Include Area Code)				f. E-MAIL ADDRESS		
(1) WORK: (2) HOME: g. PCM PREFERENCE (Please list your first and	(3) CE second choices below		ment depen	ds upon availability and uniformed service guidelines		
Review PCM options online or call your Regiona		customer serv	vices for avai	lability of PCMs.)		
(1) 1st CHOICE MTF Civilian	Same as Sponsor	FULL NAME				
(2) 2nd CHOICE MTF Civilian	(2) 2nd CHOICE MTF Civilian Same as Sponsor FULL NAME or MTF/CLINIC					
h. PCM SPECIALTY No Preference	Family/General	Practice	Internal Me	edicine Pediatrics Flight Medicine		
i. PREFERRED PCM GENDER	No Preference	Male	Fema	le		
14.a. FAMILY MEMBER NAME (Last, First, Mid	dle Initial) (Must match	DEERS)		b. DATE OF BIRTH (YYYYMMDD)		
c. REQUESTED ACTION: Enroll	Transfer Enrollmer	nt PCN	I Change	Disenroll Effective Date Requested:		
d. RESIDENCE AND MAILING ADDRESS (Provide address, with ZIP Code and	-					
Country, if different from Sponsor)						
Same as Sponsor New						
e. TELEPHONE NUMBER (Include Area Code) (1) WORK: (2) HOME:	(3) CE	11.		f. E-MAIL ADDRESS		
(1) WORK:       (2) HOME:       (3) CELL: <b>g. PCM PREFERENCE</b> (Please list your first and second choices below. PCM assignment depends upon availability and uniformed service guidelines Review PCM options online or call your Regional Contractor or USFHP customer services for availability of PCMs.)						
(1) 1st CHOICE MTF Civilian	Same as Sponsor					
(2) 2nd CHOICE MTF Civilian	Same as Sponsor	FULL NAME or MTF/CLINIC				
h. PCM SPECIALTY No Preference	Family/General	Practice	Internal Me	edicine Pediatrics Flight Medicine		
i. PREFERRED PCM GENDER	No Preference	Male	Fema	le		

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SPONSOR'S SSN/DBN:							
SECTION III - REA (Complete	SON FOR DISEN			ANGE			
Name of Family Member:	Relocation	Dissatisfied	PCS		Other:		
Name of Family Member:	Relocation	Dissatisfied	PCS	Γ	Other:		
Name of Family Member:	Relocation	Dissatisfied					
Name of Family Member:	Relocation	Dissatisfied			 Other:		
SECTIO							
PLEASE IDENTIFY IF ANYONE IS CURRENTLY CO							
TRICARE Supplement (no other information is need							
Medical Insurance: Person(s) Covered:							
Policy Holder Name:	(	Carrier Name:					
Policy Number:							
Dental Insurance: Person(s) Covered:							
Policy Holder Name:		Carrier Name:					
Policy Number:		Policy Effective	Date:				
Vision Insurance: Person(s) Covered:							
Policy Holder Name:	(	Carrier Name:					
Policy Number:							
Prescription Insurance: Person(s) Covered:							
Policy Holder Name:	(	Carrier Name:					
Policy Number:	I	Policy Effective					
SECTION V - AC	CESS WAIVER	AND SIGNATU	RE (REQUIF	RED)			
(X if waiving drive time) If my selected or assigned residence, or if I reside outside the Prime Service one hour for specialty care	e Area, I hereby v	vaive the drive	time standar	ds of th	irty minutes for primary care and		
I understand if I selected a PCM by name, team, or loc availability and uniformed services policy. I understan	-	-			-		
Remote, TRICARE Overseas Program Prime, and/or USFHP policies and procedures. By signing this form, I certify the information							
provided is true, accurate and complete. Federal funds are involved in this program and any false claims, statements, comments, or concealment of a material fact may be subject to fine and/or imprisonment under applicable Federal law.							
1. SIGNATURE OF SPONSOR, SPOUSE, OR OTHER       2. RELATIONSHIP TO SPONSOR       3. DATE SIGNED (YYYYMMDD)							
LEGAL GUARDIAN OF BENEFICIARY					(		
<b>ENROLLMENT NOTE</b> : Prime enrollment start dates are based primarily on the 20th of the month rule (applications received on/before the 20th of the month are effective the first calendar day of the next month). You should confirm enrollment and PCM assignment before obtaining routine medical care. (Note: This does not apply to TRICARE Overseas Prime or to active duty service members.)							
<b>DISENROLLMENT NOTE:</b> In some cases, you may r disenrollment. This one year period does not apply to					-		
PAYMENT OPTIONS: See Section VI on next page.							

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## SECTION VI - PAYMENT OF TRICARE PRIME ENROLLMENT FEES

NOTE: This section is only for retirees, retiree family members, survivors and eligible former spouses.

Retired beneficiaries and retiree family members under age 65 who are entitled to Medicare Part A must be enrolled in Medicare Part B to be eligible for enrollment in TRICARE Prime. TRICARE Prime enrollment fees are waived for individuals enrolled in Medicare Part A and Part B, as reflected in DEERS.

PAYMENT OPTIONS: See Sections A, B, and C below for payment options.

**Note 1, Monthly Payment:** Monthly payments must be recurring payments. You will not receive a monthly bill. If you select the monthly payment plan, you must make an initial three month payment by check (cashier's or personal check), credit/debit card, or money order at the time of application. Make checks payable to:

**Note 2, Quarterly and Annual Payments:** You will be billed on a quarterly or annual basis for credit card payments. (Your Contractor may offer recurring quarterly and/or annual payments.)

**Note 3, Personal Check:** Payment by check (money order, cashier's or personal) is limited to the initial three month payment only. Checks received for ongoing payment will not be accepted.

Note 4, Electronic Funds Transfer: EFT is for monthly or quarterly payments only. The initial payment cannot be made via EFT.

PAYMENT FEE, PLAN AND	MONTHLY	Allotment Fro	Allotment From Retired Pay Electronic Funds Transfer VISA or MasterCard					
<b>METHOD OPTIONS</b> (Some options are location specific)	INITIAL 3-MO	NTH PAYMENT:						
	QUARTERLY VISA or MasterCard							
	ANNUAL VISA or MasterCard							
I choose to have my e	nrollment fees	paid by monthly	allotment from r	ny Uniformed Servic	es retired pay			
<b>NOTE:</b> Only retired Uniforme below. Your Regional Contraction (The current rates are at www.	ctor will charge th	ne correct fee amou				•		
		B - ELECTR	RONIC FUNDS	TRANSFER				
ELECTRONIC FUNDS	FRANSFER FOR	R AUTOMATIC PAY	MENTS	Checking	(attach voided o	check) Savings		
Name and Address of Fi	nancial Institutio	n						
Name on Account	Name on Account Telephone Number of Financial Institution							
Account Number			ABA	Routing Number				
<b>NOTE:</b> Your Regional Contra (The current rates are at <u>www</u>			ount based on you	r enrollment, individual	or family.			
		C - C	REDIT/DEBIT (	CARD				
INITIAL 3-MONTH PAY	VIENT VI	SA/MASTERCARE	MONTHLY REC	URRING PAYMENTS:				
CREDIT/DEBIT CARD:					_			
Number     Exp. Date (MM/YYYY)								
Security Code (3-digit numbe NOTE: Your Regional Contra								
(The current rates are at www	-		Sunt based on you		or ranniy.			
			SIGNATURE					
My signature authorizes the Re determined by TRICARE and s option selected. This authoriza \$20.00 administrative fee may	egional Contracto subject to change ation will remain be assessed for	or to START, CHAN e each fiscal year, v in force unless can any payments retu	NGE, or STOP my will be withdrawn l celled by me, my rned due to insuff	automated payments a between the first and th Regional Contractor or icient or unavailable fur	as indicated abc e fifth business my financial ins nds.	ve. Fee amounts, as day based on the payment titution. I understand a		
SIGNATURE OF SPONSOR, S	SPOUSE OR OT	HER LEGAL GUA	RDIAN OF BENE	FICIARY	DAT	E		
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